

c. Understand and prayerfully affirm that the best and most loving outcome already exists on the spiritual plane and is already taking form.

d. Give thanks and open all your senses to imagine and feel right now in the present moment that this loving outcome is real.

e. Feel your oneness with the universe, with the infinite presence of Love, and with the answered prayer and the beings involved.

f. Release it with joy to the nurturing care of Spirit.

The spiritual connection between animal beings and human beings grows out of the understanding that we are all expressions of an infinite loving Presence, and as we acknowledge this interconnection and live in harmony with it, our very lives become prayers of compassion and healing.

## The deep-seated cause of animal suffering.

Cruelty to animals and human suffering are inter-connected; both are largely products of a mentality of domination and exclusion. Worldwide animal abuse and exploitation are symptoms of a deeply embedded world-view that maintains that human beings have the right to commodify, enslave, and kill living beings deemed "less than human." Let us

address the cause of animal suffering holistically:

- Both physically through action, and
- Metaphysically by spiritually encircling the world with compassion for all life. We are discovering just how powerful and beneficent our thoughts and prayers can be.



The Prayer Circle for Animals was initiated by Will & Madeleine Tuttle and Judy Carman. We welcome your comments and suggestions. Please spread the word and ask others to join our Circle. As each new person adds his or her voice, the power of our vision grows and draws it closer to manifestation. We are working together in one spirit with the animals to create the most massive paradigm shift ever known on this planet. We are envisioning together the dawning of an entirely new humanity—one that finally and truly understands that all life is sacred and interconnected.

# The Prayer Circle for Animals



To be spoken and held as a precious vision each day all around the world

**"Compassion encircles the earth for all beings everywhere"**

Please sign up at [www.circleofcompassion.org](http://www.circleofcompassion.org)

Let us know you're praying with us and mark your point of light on the world map.

## Action & Prayer: A powerful combination

The Prayer Circle for Animals (PCA) is a non-denominational circle of people devoted to using the power of prayer, meditation, and/or focused thought to liberate animals from human cruelty and exploitation.

By adding the power of prayer to all the other animal liberation work currently being done, this circle of prayers will:

- Create an energy field of compassion and caring for all beings of Earth;
- Hasten the transformation we are seeking for a world at peace;
- Strengthen us all for the work ahead;
- Elevate global consciousness to the awareness that all life is sacred and interconnected and to the joyful acknowledgement of our kinship with every being.

## PCA honors all traditions.

PCA honors the prayer traditions of all religions and encourages participants to use forms of prayer, meditation, or focused thought that are comfortable. There are no requirements to joining the Prayer Circle for Animals other than an interest in helping animals through prayer and a *willingness to commit to prayerfully repeating and holding the vision at least once daily* this Universal Prayer for the Animals.

**“Compassion Encircles The  
Earth For All Beings  
Everywhere”**

Thank you for joining the Prayer Circle for Animals. You are a true hero to the dear animals of earth and to us as well.

## Suggestions for expanding your commitment.

PCA offers several suggestions for expanding your commitment beyond the daily vision prayer.

1. Because prayer gains power and effectiveness when our lives are reflections of our prayers, we encourage participants to move toward and eventually adopt a cruelty-free, vegan lifestyle. Such a commitment involves not using animals for food, clothing, beauty and cleaning products, exploitative entertainment, and other forms of abuse and oppression. Also, eating organically grown foods helps protect birds, wildlife, and insects from pesticides, herbicides, and other toxins.

2. Besides setting time aside daily for the prayer, PCA also encourages participants to join together for prayer vigils at such places as slaughterhouses, factory farms, circuses, zoos, racetracks, hunts, research facilities, and fast-food restaurants.

3. We invite you (but do not require you) to consider taking this vow as part of your participation in the Prayer Circle for Animals. It will bring much joy into the world and also into your heart.

*“For the rest of my life, I will do all I can to stop the suffering of feeling creatures. I will not abuse, kill, or treat animal beings as commodities, or ask others to do so for me. I vow to do what I can to bring caring, freedom, kindness, compassion, and respect to all my animal relations who love life and want to live and be free.”*

4. If you wish to spend more time in meditation regarding a certain animal or a particular atrocity, we offer this outline for affirmative prayer as a helpful guide. Affirmative prayer can be adapted to any religious tradition and fits just as well outside any particular doctrine. Affirmative prayer is different from some prayer styles, because rather than asking for changes in the way animals are treated, affirmative prayer affirms the understanding that all living beings are manifestations of Infinite Spirit and that the desired change already exists in truth and is waiting to be manifested in the material world. There are six steps:

a. Acknowledge the problem or challenge, e.g., 54 billion land animals and 89 million tons of marine animals are killed in the world for food each year.

b. Know that the problem has no real power, for only love has permanent, infinite, and eternal power.